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Four Hour Work Week Toolbox: The Practical Guide To Living The 4 Hour Life

George Smolinski, Meg Smolinski

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Tim Ferriss is my hero.

Tim, if you're reading this, your book has inspired millions including me. You have taught us a new way to live and for that, we are appreciative. But, you missed a few details, my friend. For any of us that have read The 4 Hour Work Week book (and dream of a four hour work day), we know the value of instilling Tim's methods in our lives. But, there's something lacking in his book. He explains the "why", but in many instances, he leaves out the "how". **That's where this book comes in to play.** In 2011, I had an enormous, life-changing event, and it made me take stock of my life. I realized I needed to change, and Tim's book fell on the fertile soil of my brain. His ideas grew and blossomed, and I've embraced his ideas and concepts in all areas of my life. I know that many of you struggle with the "how", and that's exactly how I want to help you: I want to give you the "how" to complement the "why" in Tim's book, and those efforts are reflected in this book. Its not complete, though, and it may never be. Technology changes rapidly, and although I'm publishing this today, in 3 years, these ideas may be obsolete. Rest assured, I'll work on publishing an updated version, but use these concepts and ideas to get started NOW. Learn the "how" in order to complement the "why" and you'll be able to adapt to the changing field of living the "New Rich" life no matter what changes take place in our world.

With that, I give you the "how". Start changing your life today, and Tim, thanks again.

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