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21 Powerful Paleo Recipes: + 10 Bonus recipes, eat healthy, live strong! (21 Recipe Books Book 4)

Tiffany Thomas

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With over 20 paleo recipes, this cookbook contains healthy recipes made with nutrient-dense whole foods that nourish, energize and taste great. Each recipe in this cookbook artfully combines natural ingredients that deliver adequate amounts of vitamins, minerals, essential fatty acids, antioxidants, and more. Mouthwatering powerful paleo dishes – from Breakfast baked eggs in avocado to Macadamia-crusted fish with herb salad – will make you feel as great as they taste. For this pleasingly illustrated paleo cookbook, culinary writer and recipe developer Tiffany Thomas has included the most powerful paleo recipes for breakfast, main dishes and side dishes.

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