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Acupressure for Lovers: Secrets of Touch for Increasing Intimacy

Michael Reed Gach

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In Chinese medicine, acupressure points are considered gateways for the human electrical energy that runs throughout the body. This energy is essential for optimal sexual pleasure and Gach explains with line drawings, photographs, and step-by-step instructions how to release this energy and naturally increase sexuality and sexual enjoyment. With easy stretching, tips, and exercises for eliminating stress and tension in the body, *Acupressure for Lovers* also helps couples promote relaxation while enhancing eroticism and intimacy.

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