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The Power of Concentration: Focus Edition: New Techniques, Power Quotes and Annotations (Illustrated)

Theron Q. Dumont

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Do you want to learn the powers of concentration and focus?

THE POWER OF CONCENTRATION is one of the 20th century's first and most powerful self-help books. While other self-help books, such as Think and Grow Rich, became household names – this book did not. But it wasn't because it lacked powerful content. In fact, this book is a secret that has guided readers to amazing heights of productivity and power. It literally teaches the secret of how to unleash your utmost creative potential through concentration and focus.

Even though the engaging lessons were first published in 1918, it is now more relevant today than ever before. The modern world is filled with distractions, as the average attention span grows ever shorter. Concentration and focus can be applied to anything that you put your mind to. These tools can literally help you succeed in every endeavor you undertake.

This new illustrated Focus Edition includes Focus Toolkit annotations after each of the 20 lessons.

May this book's impactful message become one of your secrets and treasures towards life success. With concentration and focus, no goal or aspiration is out of your reach. If you can conceive it, and focus, you can achieve it!

20 Powerful Lessons

Lesson 1 Concentration finds the way
Lesson 2 The self-mastery: self-direction power of concentration
Lesson 3 How to gain what you want through concentration
Lesson 4 Concentration, the silent force that produces results in all business
Lesson 5 How concentrated thought links all humanity together
Lesson 6 The training of the will to do
Lesson 7 The concentrated mental demand
Lesson 8 Concentration gives mental poise
Lesson 9 Concentration can overcome bad habits
Lesson 9 Focus Toolkit
Lesson 10 Business results through concentration
Lesson 10 Focus Toolkit
Lesson 11 Concentrate on courage
Lesson 12 Concentrate on wealth
Lesson 13 You can concentrate, but will you?
Lesson 14 The art of concentrating by means of practical exercises
Lesson 15 Concentrate so you will not forget
Lesson 16 How concentration can fulfill your desire
Lesson 17 Ideals developed by concentration

Lesson 18 Mental control through creation
Lesson 19 A concentrated Will development
Lesson 20 Concentration reviewed

We all know that in order to accomplish a certain thing we must concentrate. It is of the utmost value to learn how to concentrate. To make a success of anything you must be able to concentrate your entire thought upon the idea you are working out.

If you will just practice a few concentration exercises each day you will find you will soon develop this wonderful power.

Success is assured when you are able to concentrate for you are then able to utilize for your good all constructive thoughts and shut out all the destructive ones.

Man is a wonderful creature, but he must be trained and developed to be useful. A great work can be accomplished by every man if he can be awakened to do his very best. But the greatest man would not accomplish much if he lacked concentration and effort. Dwarfs can often do the work of giants when they are transformed by the almost magic power of great mental concentration. But giants will only do the work of dwarfs when they lack this power.

We accomplish more by concentration than by fitness; the man that is apparently best suited for a place does not always fill it best. It is the man that concentrates on its every possibility that makes an art of both his work and his life.

Study these lessons as a means of awakening and training that which is within yourself. All your real advancement must come from your individual effort. Let all your acts and thoughts have the intensity and power of concentration.

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Angel Sherrill:

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