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Off The Rails: Excerpts From My Life

Steven C Smith

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Growing up in rural Northern California in the 1960's and 70's led me on many great adventures and some perilous experiences many of my own making. After reviewing some of these experiences I realized just how close I came to death on many occasions. Childhood and teenage pranks led me to far more risky behaviors in my adult life. Living the life of a drummer in both rock and country bands led me into even more risky behaviors including drug and alcohol abuse. After hitting bottom, with the help of my family I eventually overcame many obstacles and came to grips with my spiritual path. I wrote this originally for my sons, to help them understand why their father was nuts, and for my grandchildren so they would have a family history to gain inspiration from.

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