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21 SOUP Recipes, a Collection of 21 Quick & Easy Super-Satisfying Soup Recipes from Around The World.: Delicious Healthy Recipes to Help You Stay Healthy ... on a Low Budget (21 Recipes Collection)

Aleta Dara

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Aleta Dara

21 SOUP Recipes, a Collection of 21 Quick & Easy Super-Satisfying Soup Recipes from Around The World.: Delicious Healthy Recipes to Help You Stay Healthy ... on a Low Budget (21 Recipes Collection) Aleta Dara
***** HOW TO PREPARE HEALTHY, WARMING MEALS WITH A MINIMUM OF PREPARATION TIME!*****

Aleta Dara's Grandmother had a passion for preparing foods from all over the world. She was Greek and when Aleta was growing up she spent every summer in Greece and enjoyed many hours in Grandma's kitchen.

Grandma taught her that **"HAPPINESS IS HOME-MADE SOUP"**

Aleta learned many things about the benefits of eating soup. These are some of them:

• Quick and Easy Preparation
• The Healing Power Of Soup
• Warming In The Winter But Cooling In The Summer
• The 'Vitamin and Minerals' factor.
• An Easy Way To Get Kids to Eat Vegetables
• Weight Loss – Makes you feel 'full'
• A Source Of Easy Leftover Meals.
• Great Low-Budget Food
• Makes You Feel Good

Aleta came home to California with new recipes every year. This book contains a collection of her Grandma's soup recipes, along with a few of her Mother's and others she has added herself over the years.

"GOOD SOUP CAN LIFT THE SPIRITS LIKE NO OTHER FOOD!"

These are just some of the delicious Soup Recipes in this book:

• Greek Beef Vegetable Soup
• Black Bean Soup
• Greek Egg and Lemon Soup (Avgolemono)
• White Bean Chili Soup
• Tomato Florentine Soup
• Greek Lentil Soup
• Chicken Noodle Soup
• Meatball Soup

• Vegetable Crab Soup
• Creamy Spinach and Potato Soup
• Greek White Bean Soup
• And Many More

*****If you’re looking for quick and easy meals to prepare, 21 SOUP RECIPES is the book you need.*****

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Dennis Boone:

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John Tillery:

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Mark Bunnell:

Do you have something that you like such as book? The book lovers usually prefer to opt for book like comic, quick story and the biggest one is novel. Now, why not hoping 21 SOUP Recipes, a Collection of 21 Quick & Easy Super-Satisfying Soup Recipes from Around The World.: Delicious Healthy Recipes to Help You Stay Healthy ... on a Low Budget (21 Recipes Collection) that give your enjoyment preference will be satisfied simply by reading this book. Reading addiction all over the world can be said as the way for people to know world much better then how they react when it comes to the world. It can't be stated constantly that reading addiction only for the geeky man or woman but for all of you who wants to become success person. So , for every you who want to start studying as your good habit, you are able to pick 21 SOUP Recipes, a Collection of 21 Quick & Easy Super-Satisfying Soup Recipes from Around The World.: Delicious Healthy

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