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Transforming Your Relationship with Money and Achieving Financial Independence: Your Money or Your Life

Joseph R. Dominguez

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Are you making a living? Or as Joe DOminguez puts it, are you making a dying? This unlikely hero of the conscious living movement was born in Harlem and went on to a successful career on Wall Street, retiring at age 30. How he did it - and how anyone can do it - made his first book, Your Money or Your Life (Penguin, 1999), a publishing phenomenon - seven times on the New York Times how-to bestseller list, an Oprah! feature, articles in the Chicago Tribune, Utne Reader, San Francisco Chronicle, and dozens of others.

Joe Dominguez achieved financial independence not through a get-rich-quick scheme, but through a path of inquiry that led him to question the very nature of our relationship with money. Now the seminal work that led directly to this unique publishing success story is available for the first time to the mass market, with Transforming Your Relationship with Money.

Previously available only through direct mail, here is the complete audio seminar taught by Joe Dominguez himself that defines a new path to financial independence for our times. With 12 compelling lectures and a 120-page workbook, Dominguez brings listeners face to face with the misconceptions and habits that cause us to chase and endlessly spend money. He draws the equation between money and our most precious resource - our life energy - so that a powerful new definition of money emerges. In nine simple steps he teaches how to consciously track, evaluate, and direct the flow of money - without compromising our principles or most cherished dreams.

"The foolish person wants more money, and more of the things money can buy," Dominguez says. "The wise person wants enough money, and more of the things money can't buy: health, happiness, love, and peace of mind." Now the personal money management course that brings this wisdom to consciousness is open to everyone, with Transforming Your Relationship with Money.

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